BU Boot Camp

8-Ball Sidespin Examples (shooting stripes)

1 – Right spin to change the rebound angle to the right

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____

2 – Left spin to change the rebound angle to the left

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____
3 – Running spin to go around the table

speed (S/M/F): ___
distance (S/M/L): ___
throw aim (thin/full): ___
BHE/FHE %’s: ______

4 – Reverse spin to hold the CB

speed (S/M/F): ___
distance (S/M/L): ___
throw aim (thin/full): ___
BHE/FHE %’s: ______
5 – Outside draw for shape

Speed (S/M/F): ___
Distance (S/M/L): ___
Throw aim (thin/full): ___
BHE/FHE %’s: ___

6 – Inside follow for shape

Speed (S/M/F): ___
Distance (S/M/L): ___
Throw aim (thin/full): ___
BHE/FHE %’s: ___
7 – Natural (running) spin for natural shape

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: ______

8 – Near straight follow in and out of corner

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: ______
9 – Create angle off cushion for position

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____

10 – Follow with spin above and past side

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____
11 – Draw to cushion with sidespin to get up-table

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _______

12 – Coming back into the line of a shot near a rail from the corner

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _______
13 – Soft drag follow with inside to flatten the angle

speed (S/M/F): ____
distance (S/M/L): ____
throw aim (thin/full): ____
BHE/FHE %’s: _______

14 – Soft drag to maximize rebound angle off the cushion

speed (S/M/F): ____
distance (S/M/L): ____
throw aim (thin/full): ____
BHE/FHE %’s: _______
15 – Elevated inside follow to clear over obstacle ball

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____

16 – Running spin for steep-angle rail cut shot

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: _____
17 – Spin-induced throw to create an angle

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: ______

18 – Kick to cushion with spin to create angle

speed (S/M/F): _____
distance (S/M/L): _____
throw aim (thin/full): _____
BHE/FHE %’s: ______
19 – Swerve to curve around an obstacle

- speed (S/M/F): ____
- distance (S/M/L): ____
- throw aim (thin/full): ____
- BHE/FHE %’s: ______

20 – Follow stall with spin

- speed (S/M/F): ____
- distance (S/M/L): ____
- throw aim (thin/full): ____
- BHE/FHE %’s: ______