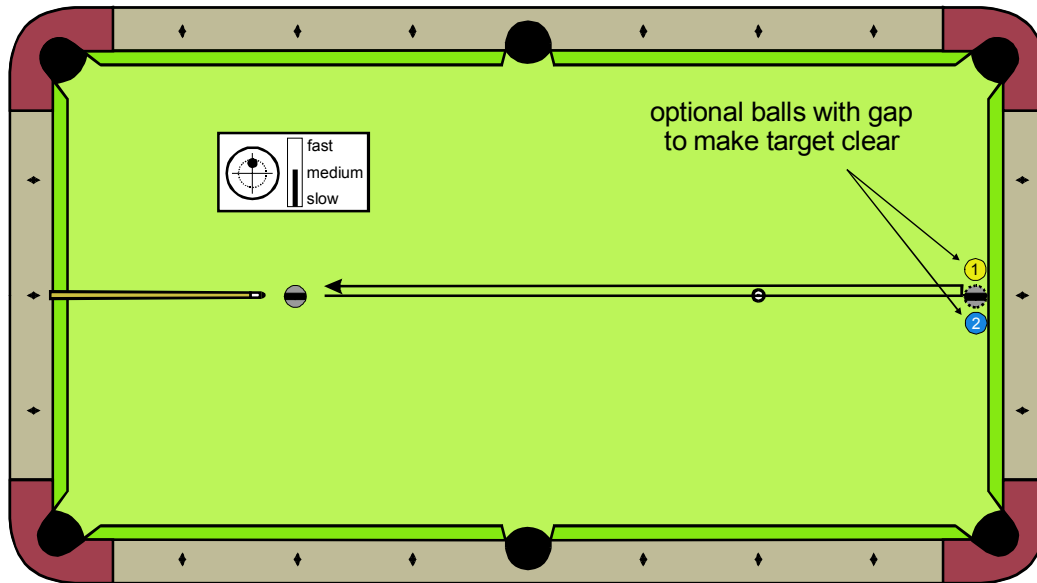


Centerline Stroke Drill

(MOFUDAT: “The Most Famous and Useful Drill of All Time”)

billiards.colostate.edu



This drill will test your aim, cue tip placement accuracy, and stroke:

1. Use a medium-speed, above-center hit to send the striped ball straight up-table and back. Align the stripe with the shot direction before shooting.
2. Observe any wobble in the stripe. This indicates an off-center hit.
3. Stay down in your “freeze” position and observe how close the ball returns to the cue tip. A close return indicates good aim and a good stroke.
4. Shoot the shot ten times, keeping track of how many attempts are good (very little or no wobble, and ball return close to the tip).
5. Repeat steps 1-4 with center-ball and below-center tip placements.
6. Which cue tip position results in the best consistency and accuracy?