

Video Encyclopedia of One Pocket (VEOP)

Instructional Video Series Outline

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I. Introduction to the Game [50 min]

1. **Introduction** [0:00]
2. **The Game** [3:03]
3. **Rules** [5:14]
4. **Lag** [17:39]
5. **Racking** [19:27]
6. **Break** [22:27]
7. **Equipment Factors** [28:17]
8. **Basic Strategy** [30:56]
9. **Game Stages** [39:25]
10. **In-Depth Example** [44:10]
- Wrap Up** [48:28]

II. Offensive Play [58 min]

11. **Introduction** [0:00]
12. **Pocket Balls** [3:05]
 - a) basic [3:05]
 - b) combo, carom, kiss [7:38]
 - c) rail-first and kick shots [15:54]
 - d) bank shots [19:04]
 - e) herd shots [29:17]
13. **Move Opponent Balls to Your Side** [34:11]
14. **Move Balls Toward Your Pocket** [36:37]
 - a) various [36:37]
 - b) bank shots [40:31]
 - c) dump, rearrange [51:13]
15. **Protect Balls on Your Side** [52:57]
16. **Jump Shots** [54:01]
17. **Offensive Strategy Summary** [56:29]
- Wrap Up** [56:59]

III. Defensive Play [38 min]

18. **Introduction** [0:00]
19. **Move Opponent Balls** [3:05]
 - a) combo
 - b) rail-first or kick
 - c) tickie
 - d) bank
 - e) multiple ball move
20. **Take Out Opponent Hanger** [10:22]

- a) single ball
- b) 2 or more balls

21. Dump Opponent Ball [13:43]

- a) direct
- b) safe leave
- c) carom, combo, or tickie
- d) kick
- e) doubled up
- f) corner hook
- g) with ball move
- h) foul

22. Safety [18:32]

- a) frozen or behind [18:32]
 - hide frozen to a ball
 - 6-to-1 OB-CB roll ratio
 - equal separation 1/2-ball hit
 - hide behind opponent balls
- b) miscellaneous [26:43]
 - from within stack, staying in stack
 - hide in or against the stack
 - hide up table or doubled up
 - leave CB on foot rail
 - leave CB on head rail
 - tie up balls
 - corner hook
 - intentional fouls

23. Defensive Strategy Summary [36:15]

Wrap Up [36:46]

IV. Bank and Kick Systems [49 min]

24. Introduction [0:00]

25. Systems and References [3:09]

- a) basic [3:09]
 - 2-to-1 kicks and banks
 - equal distance visual method
 - contact-point mirror kick
- b) sliding bank [7:21]
 - 1/3-more-than-twice banks
 - 1-rail spot-on-wall banks
- c) kicks [12:34]
 - 2-rail midpoint-parallel-shift kick
 - Plus System 2-rail kicks
 - Corner-5 System 3-rail kicks
 - 3-rail spot-on-wall kicks
 - “magic spot” symmetric 3-rail kick system

- d) straight-back-bank speed reference [24:51]
- 26. Bank Tracks** [26:29]
 - a) 1- to 3-rail banks [26:29]
 - b) 4- and 5-rail banks [36:48]
 - c) all banks go (ABG) spot [39:03]
- 27. Spin Transfer** [40:29]
- 28. Bank Strategies and Effects** [42:11]
- 29. Double-Kiss Detection and Avoidance** [46:30]
- Wrap Up** [47:45]

V. End Game, Up-Table Game, Miscellaneous [46 min]

- 30. Introduction** [0:00]
- 31. Spotted Balls** [3:04]
 - a. why balls get spotted
 - b. pocket balls directly
 - c. bank ball
 - d. move balls to your side
 - e. play safe
- 32. Up-Table Game** [7:00]
 - a) game strategy example
 - b) go offensive
 - c) send ball up table
 - d) hide behind up-table ball
 - e) leave opponent long and tough
 - f) dump up-table ball
 - g) take balls out of play
 - h) put ball into play
 - i) take intentional foul
- 33. End-Game Options** [18:07]
 - a) game strategy example [18:07]
 - b) 3 balls left [22:05]
 - c) 2 balls left [26:51]
 - d) 1 ball left [31:57]
- 34. Handicaps** [39:52]
- 35. Useful Resources** [40:51]
- 36. How to Practice** [43:34]
- Wrap Up** [44:55]