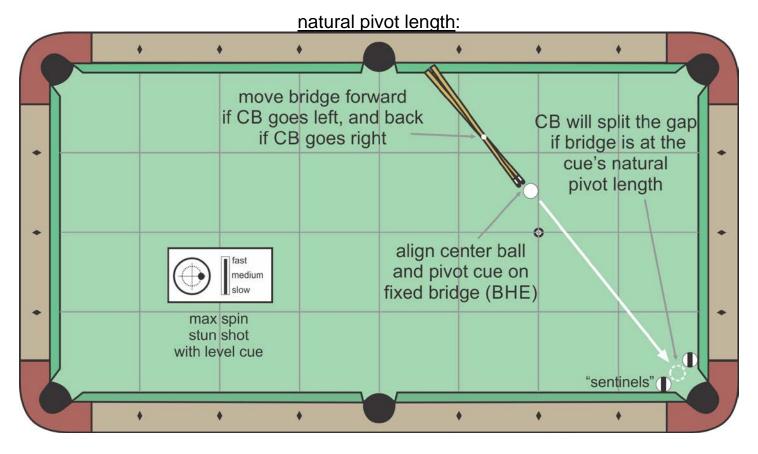
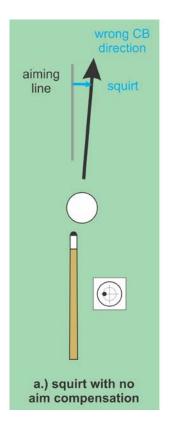
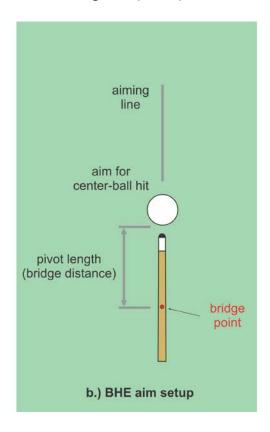
Systems for Aiming with Sidespin (English)

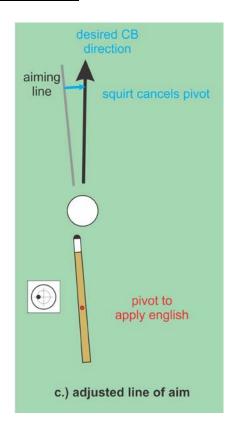
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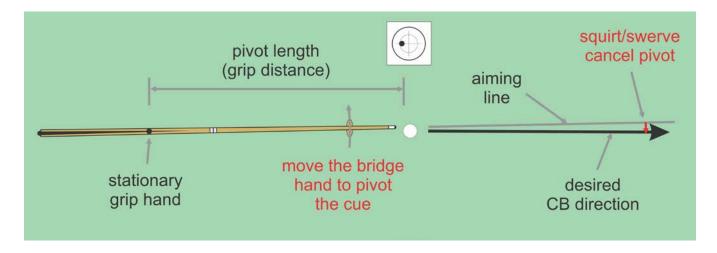
back-hand english (BHE) - for short/fast shots



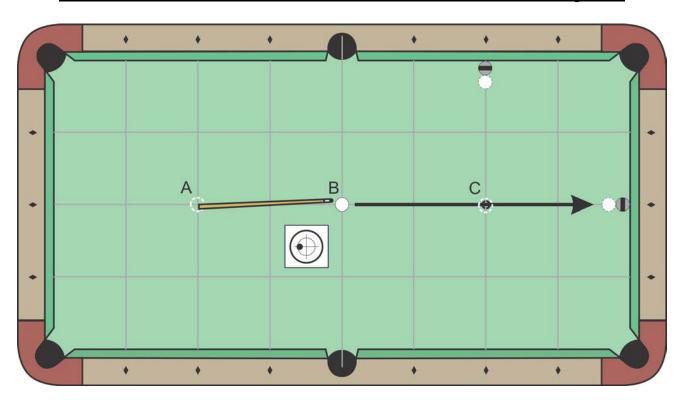




<u>front-hand english (FHE) – for long/slow shots (and LD cue)</u>



BHE/FHE combo drill – for shots in between short/fast and long/slow



Position **C** (to side rail): fast speed, pure BHE (depending on cue, bridge length, conditions).

Position A: slow speed, level cue, pure FHE (depending on cue, grip location, conditions).

Position B: at medium speed, a combination of BHE and FHE, probably close to 60% / 40%.

At different CB positions and speeds, different percentages of BHE and FHE will be required. Also, **follow** swerves sooner than draw (i.e., use **less BHE**), and more cue elevation (avoid where possible) causes more swerve (i.e., use less BHE).