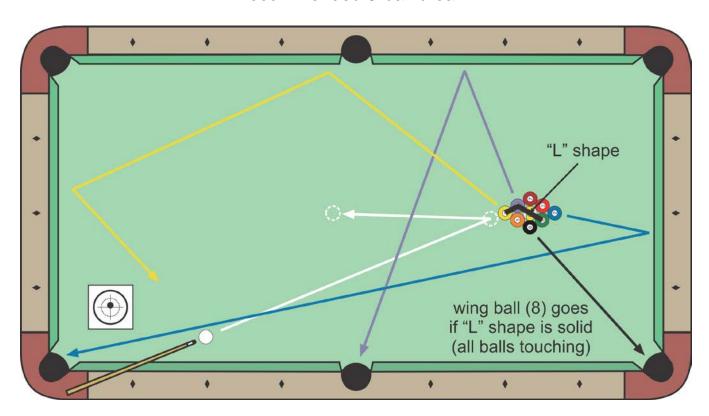
Break

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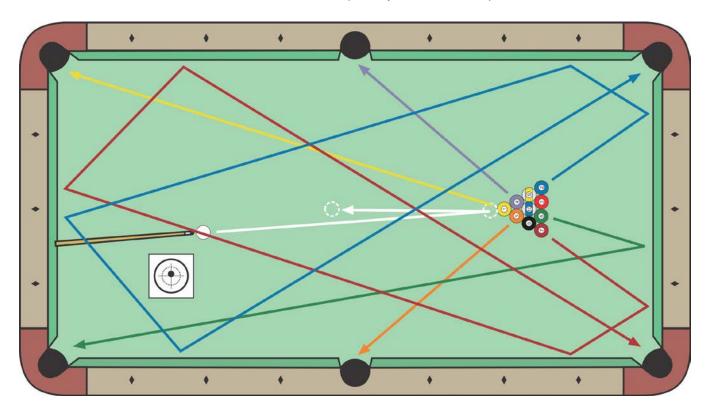
- 1. Use Only as Much Power as You Can Control, and Get a Square Hit
- 2. Don't Use Sidespin (wastes energy, causes squirt)
- 3. Relax Grip and Wrist (use timing and smooth acceleration, not muscle)
- 4. Use a Longer Bridge Length
- 5. Keep the Cue as Level as Possible at Impact
- 6. Accelerate Through the Ball
- 7. Follow Through Completely and Straight
- 8. Squat the Rock (using a slightly-above-center hit with fast speed)
- 9. Choose a Break Cue Wisely (bridge at natural pivot length)
- 10. Diagnose and Adjust (for squareness of hit and ball reaction)

for added power (use only as much as you can control): choke up on grip, raise body (for longer lever), use shoulder (drop elbow)

recommended 9-ball break:



recommended 10-ball (and power 8-ball) break:



recommended non-power 8-ball break (the power break is similar to 10-ball):

